



The American Legion Twin Cities Post 313, Inc.
 Larkspur & Corte Madera, California
www.americanlegion313.org



Monthly Times

OUR MISSION: TO HONOR, SERVE AND SUPPORT OUR ARMED FORCES, VETERANS AND THEIR FAMILIES, WHILE PROMOTING PATRIOTISM IN THE COMMUNITY

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December 1, 2009

From the Commander . . .

The Veterans' Day **Fisher House Fundraiser Dinner** was another highlight in a very active year for the Post. A sell-out crowd enjoyed a presentation from Charlene Hall of Fisher House. We send a big thank you to Will Kaefer and all those who made this event a huge and memorable success. Special kudos to Will and Mary for making upwards of 200 calls, thus generating the greatest crowd we've had yet. We are very happy to report that we will be donating \$2,500 to Fisher House.

The **veteran's bar Sunday program** will continue through the football season. The bar is open every Sunday from 12 noon to 6 pm for members, veterans and guests. Come join the fun: watch HD football, have a drink, and enjoy a delicious lunch prepared by our chef, David. See you there.

Mark your calendar for our annual **Post Christmas Dinner**, Wednesday, December 16. This promises to be a great evening so reserve early. Details are in the ad on page 3.

We need **volunteer help** in the following areas: adjutant, assistant finance officer, assistant property manager, historian, veterans' bar staffing, hall & club room promotion, and phone networking help. See me if you can give us some time. It takes the combined efforts of many to maintain a successful Post.

Change in Post Officers: Effective immediately, Cecil Green will assume the responsibilities of First Vice Commander, Ron Gillis will become Second Vice Commander, and Bill Brennan will be our Member-at-Large.

When visiting the Club Room, note the TV — it was donated by Gene Plocki.. Hope you enjoy it!

Holiday Boutique: This November 21 event, sponsored by the American Legion Post Auxiliary, was most successful. Congratulations for a job well done. Two exhibitors I talked to said the event was a success for them and that they will return next year. Jim Hanretty and Bill McKown had a busy day at the Bar and the cleanup crew of Bill Brennen, Gene Plocki, Will Kaefer, Dan Brennen and Jim Reilly worked diligently so that the next renter coming in at 6 pm that evening had a spotless Hall. Thank you.

Welcome New Members: A warm welcome to Jim Egger, Gary Hill, Jim McCracken, Herb Meyer, Joel Schwartz and Russell Wallace. Please join us for any and all of the events that you'll find listed in our monthly calendar.

Donate warm coats and socks. The San Francisco VA Medical Center is sponsoring a holiday clothing drive to support their Comprehensive Homeless Veteran Program. You can help this good cause by dropping off new or clean and lightly worn coats/jackets and new, warm socks to the Post by December 10. Clean those closets and help a vet!

The Post has donated \$2000 to the VA Volunteers Group at Ft. Miley Medical Facility in San Francisco. Post Members and other interested volunteers will distribute cash vouchers to resident Vets in early December. Please call me if you would like to participate in this personal contact with our Veterans.

All members are asked to promote our hall to their families and friends. It's a very attractive, warm, cozy spot for any event.

Gene Plocki, Commander

Post 313 Christmas Dinner

**At the Legion Hall
Wednesday, December 16th**

**Activities begin at 5 p.m.
Dinner at Six**

**Come All Ye Faithful
Join Your Fellow Vets & Guests
Enjoy a Christmas Dinner**

**Choice of Roast Beef or
Oven Roasted Salmon
Vegetarian Choices
Dessert
Coffee**

Table Wine \$5 bottle

Only \$20.00 per person

Reservations required

**Send a check to
Post 313, 500 Magnolia Ave.
Larkspur, CA 94939**

**Reserve Early
This event will sell out**

First Vice - Membership

Commander Plocki attended a Military Officers Association of America luncheon and returned with two new member applications. Our Post membership can grow if we all remember to promote it as we are out and about in our communities.

Now what we need to do is get all members, old and new, involved. C.J. Carrillo, a recent transferee from the Mill Valley Post, spends his time lifting pianos, hoisting television sets, building shelves, calling for furnace bids, hood fire suppression testing and cleaning bids. He is also Boy Scout Troop 43 liaison and an active participant in our Post meetings. And we are just talking about his first few weeks with Post 313!

Ron Gillis

Auxiliary Update

A reminder to all Auxiliary members to end the year on a positive note and send in your \$15 check for your annual dues. Our meetings will continue to fall on the second Tuesday of the month with 12 to 1 pm reserved for a social hour and the meeting beginning promptly at 1 pm.

A thank you to all the volunteers who helped us on Tuesday, November 10, as we packed over a dozen holiday boxes for our troops.

Pauline Angelman

Veteran Profile

A Marine pilot, he fought in the Vietnam conflict where he flew 168 missions into enemy territory. He returned home where the job market was soft, but he found his way up the ladder and into the computer world. Now he is known as "the computer guy". He joined Post 313 in January 2009 and volunteered his services, teaching several members to use the computer. He donated a computer for the raffle held at our April 2009 dinner. This veteran's name is Dave Fletcher. (www.davefletcher.org).

**POST-TRAUMATIC STRESS
DISORDER (PTSD)
COUNSELING**

Fellow American Legion Members:

We as veterans are concerned about the effects of Post-Traumatic Stress Disorder on veterans of our recent wars (WW II, Korean, Viet Nam, Afghanistan and Iraq) and on their families. We propose providing free counseling services to our fellow veterans and their families at the Twin Cities Post 313, Larkspur & Corte Madera, CA. Please contact either one of us to arrange a meeting:

Rev. Palmer Wilkins, Chaplain:
(415) 897-7859

H. Stuart Bacon, Ph.D., Clinical Psychologist
(415) 924-2712